

# Developmental Milestones: Birth to 5 years



See <https://www.med-u.org/the-library/developmental-milestones> for an interactive version of this table.

AGE	GROSS MOTOR	FINE MOTOR	COMMUNICATION/SOCIAL	COGNITIVE/ADAPTIVE
2 mos.	Lifts head/chest when prone	Eyes track past the midline	<ul style="list-style-type: none"> <li>Alerts to sound</li> <li>Social (reciprocal) smile</li> </ul>	Recognizes parent
4 mos.	Rolls front to back	Grasps a rattle	<ul style="list-style-type: none"> <li>Laughs</li> <li>Soothed by parent's voice</li> </ul>	Orients head to direction of a voice
6 mos.	Sits with little or no support	<ul style="list-style-type: none"> <li>Reaches with one hand</li> <li>Transfers objects</li> </ul>	<ul style="list-style-type: none"> <li>Babbles</li> <li>Developing stranger anxiety</li> </ul>	Feeds self
9 mos.	Pulls to stand	<ul style="list-style-type: none"> <li>Developing immature pincer grasp</li> <li>Bangs two objects together</li> </ul>	<ul style="list-style-type: none"> <li>Says "mama/dada" indiscriminately</li> <li>Waves bye-bye</li> </ul>	Plays gesture games (e.g., pat-a-cake)
12 mos.	Stands/walks alone	Fine pincer grasp	<ul style="list-style-type: none"> <li>One word other than "mama"/"dada"</li> <li>Follows one-step commands with a gesture</li> </ul>	Points to desired object
15 mos.	Stoops and recovers	Scribbles in imitation	Uses 3–5 words	<ul style="list-style-type: none"> <li>Uses spoon and cup</li> <li>Turns pages in a book</li> </ul>
18 mos.	Runs well	Builds a tower of 3 cubes	Points to 1–3 body parts	"Helps" in the house
24 mos.	<ul style="list-style-type: none"> <li>Throws ball overhand</li> <li>Kicks a ball</li> </ul>	Copies drawing a line with crayon	<ul style="list-style-type: none"> <li>Speaks in 2-word combinations</li> <li>≥ 50-word vocabulary</li> <li>Parallel play</li> </ul>	Removes an article of clothing
36 mos.	Pedals a tricycle	Copies a circle	<ul style="list-style-type: none"> <li>Speaks in 3-word sentences</li> <li>75% of language is intelligible to a stranger</li> </ul>	Brushes teeth with help
48 mos.	Hops	Copies a square or cross	<ul style="list-style-type: none"> <li>100% of language is intelligible to a stranger</li> <li>Plays cooperatively with a group</li> </ul>	Knows 4 colors
60 mos.	Skips	Copies a triangle	<ul style="list-style-type: none"> <li>Defines simple words</li> <li>Uses 5-word sentences</li> </ul>	Dresses self